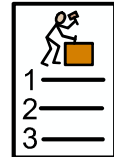
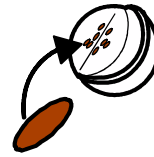
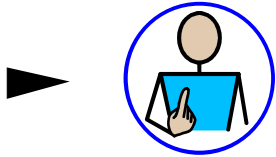
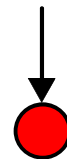
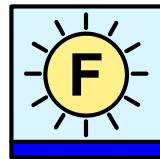
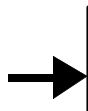
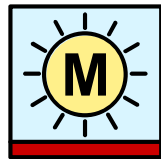
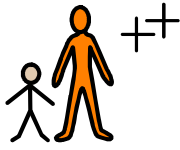


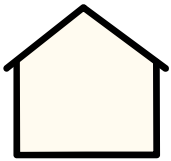
PIP



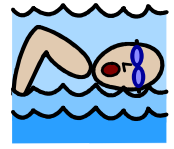
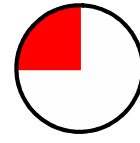
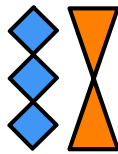
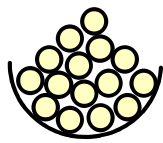
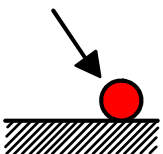
The Personal Improvement Programme (PIP) runs



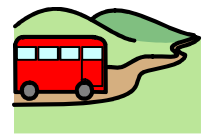
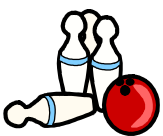
for adults Monday to Friday at the Parkside



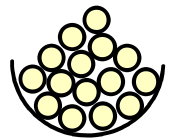
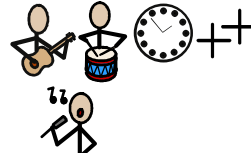
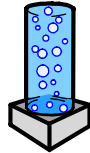
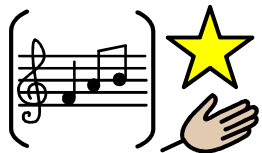
Centre in Aldershot.



There are lots of different activities including Swimming,



Bowling, Cooking, Crafts, Sports, Games, Trips,



Music Therapy, Dancing, Sensory Sessions and much



more.



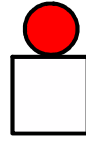
Call



the



office



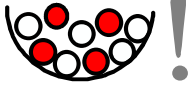
on



01252-313103



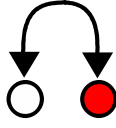
for



more



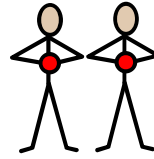
information



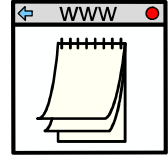
or



see



our



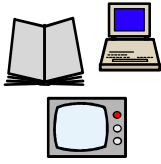
website



for



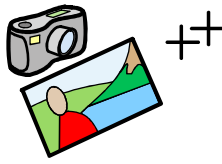
more



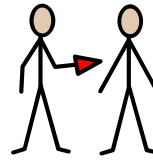
details



and



photos.



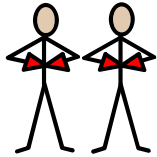
You



can



find



us



at www.parksidealdershot.co.uk.