

Become a Friend of Parkside and Support Us By:

Having Collection Tins You can have one of our collection tins to collect spare change in your store or office. Even the smallest of donations are gratefully accepted and the tins have been known to be used as swear jars within offices!

Helping us Publicise Could you display some of our leaflets where you work? Could you put a poster up for our events in your shop or office? We are always looking for ways to publicise our events and services to make them accessible for everyone. Could you sponsor one of our stalls and we could help to publicise your organisation?

Selling Tote Bags We are selling eco-friendly tote bags with the Parkside logo on. All the money from the sales will go straight towards supporting our services so you know that every penny spent is put to a very good use. Could you help us by selling some at your place of work? your shop? your organisation? at your local school? Can you help?

Volunteering for us Do you have spare time in your week or would you like to show your support by helping us at events? Do you have a specific trade or skill that could be beneficial to us? If so, please do get in touch.

Having an Event for us Do you have an event in mind? A sponsored sing-a-long, a ball, a hike, a walk, a mufti day or even a baked bean bath? Show your support by hosting an event, raising money and most of all having fun!

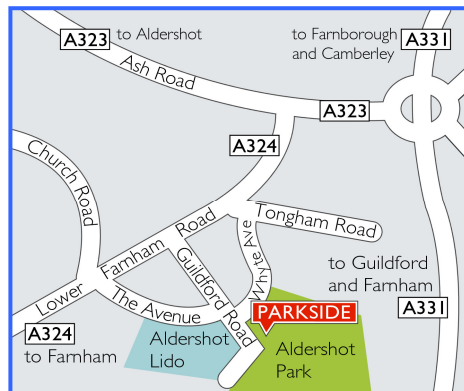
Looking at our Wish List If you would like to donate something from our wishlist, please get in touch with us. Our current wish list can be seen on our website at: www.parksidealdershot.co.uk.

Contact Parkside

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Parkside
(Aldershot and District Mencap)

*Roots in the Community,
Branching out to all...*

Children's Services

**Supporting people with learning disabilities
and their families in the local area**

Registered under the Charities Act 1960 Reg no. 238671
Services regulated by CQC and Ofsted

Parkside



Children's Services at Parkside

After School Club

The After School Club is very popular with young people and parents alike and is aimed at the 12 to 18 year old age group. The young people eat their tea at the club and enjoy a wide choice of activities such as games, crafts, cooking and also relaxing in the sensory suite. It runs on Mondays from 3:30 until 7pm. A cooked meal is available or the club member can bring their own.



Saturday Scene

This club meets fortnightly on Saturday 10am - 12:30 for children aged 6 to 11. Children have the opportunity to take part in many activities including baking, art and crafts, using the sensory suite and visits to the local park .

Our Space

This club for young people aged 12-16years and meets fortnightly on a Saturday from 9.30am til 12:30pm. A programme of off-site activities is developed each term, to give the young people a sense of 'moving on' and experiencing social opportunities in the wider community.

Teenzone

The focus for this group is exploring activities in the community, encouraging social inclusion and practising life and social skills. Two groups of teenagers attend on alternative Saturdays from 1pm-5pm with several 1:1 support places being offered within the club. The scheme runs for 13-18 year olds.

Summer Playscheme

Runs for 5 weeks over the summer holidays. There is a very lively programme of activities, both on and off site, suitable for all abilities. The scheme is for young people aged 6 to 18.



Children's 1:1 Support

Provides a service offering individual support for children with learning disabilities in the community to enable them to access a wide range of social, educational and recreational activities.

Over Night Service (by appointment)

Support Workers can come and stay at your home, any night of the week to support your child/client.

Sitting Service

A service to provide respite for families who have one or more children with special needs and who are involved with the Children's Disability Team at Alton.

All clubs have a wide range of activities, such as Cinema days, Face Painting, Music Therapy Sessions, Arts and Crafts, Gardening, Karaoke, Snooker, Nature Trails, sessions in the sensory suite, parachute games.

There are also trips out such as swimming, bowling, visiting the Army Museum, the Golf Driving Range, Wheelchair Ice Skating, and local Garden Centres. People also come to visit us at Parkside such as firemen, policemen, Science and circus entertainers.