

## For Children

<b>After School Club</b> MON 3:30pm-7:00pm	For young people aged 12+ with special needs, hot dinner available.
<b>Saturday Scene</b> SAT 10.00am-12.30pm	For children aged 6+ based at Parkside. The Saturday Club provides fun and social time for children with special needs.
<b>Our Space</b> SAT 9.30am-12.30pm	This club for young people aged 12-16yrs meets fortnightly. A programme of off site activities is developed each term.
<b>Teen Zone</b> SAT 1.00pm-5.00pm	Provides teenagers with the opportunity to socialise with their peer group and develop and practise social and daily living skills both at Parkside and out in the community. For teenagers 13 to 18 years old.
<b>Sitting Service</b> By Arrangement	A service to provide respite for families who have one or more children with special needs and who are involved with the Childrens Disabilities Team at Alton.
<b>Summer Playscheme</b> During Summer Holidays	Provides a wide range of activities and outings for children aged 6 to 18 years during the school summer holiday. Children must be referred by Hampshire Social Services.



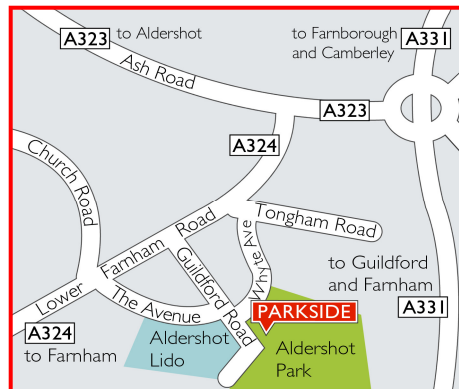
» Please visit the Parkside website for more information, there are also pictures and videos of the services in action.

## Contact Parkside

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*Roots in the Community,  
Branching out to all...*

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# About Parkside

**Supporting people with learning disabilities  
and their families in the local area**

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Registered under the Charities Act 1960 Reg no. 238671  
Services regulated by CQC and Ofsted

# Parkside



## History of Parkside



The broadcaster Richard Baker at the opening of Parkside in 1963

Parkside is a registered charity based in Aldershot that provides support services for children and adults with learning disabilities living in the local area, covering both Hampshire and Surrey. It was founded in 1963 by a group of parents who realised that the support for families who had children with special needs was limited. The premises next to the park on the Guildford Road was built, and the first playgroup was started (affectionately known as the Peter Pan Club). Since then, Parkside has strived to fulfil the need for more services and has gone from strength to strength.

## Parkside's Aim



The PIP group enjoy a day out at Birdworld

Parkside's aim as a charity is to give both children and adults the opportunity to develop their individual skills and to take part in activities within the local community. Needs can vary from requiring support to socialise with friends, to participating in leisure activities, meeting new people, to developing life skills and providing respite for other family members. By reaching out into the community, Parkside aims to develop and strengthen its links with local people and organisations, creating opportunities for everyone to become involved and included.

**Parkside is always looking for support and fundraising in any form, from donations to volunteering. We aim to give a service that is much needed within the local community, why not become a friend of Parkside and see how you could support us? Contact us for more details.**

## Our Services, Clubs and Activities

### For Adults

<b>PIP Scheme</b> MON-FRI 9.30am-3.30pm	A day service for adults. Sessions can be arranged by the day or half day. Activities vary, and are based in the centre and visits out to places of interest.
<b>Gardening Clubs</b> TUE 9.30am-2.30pm THUR 9.30am-2.30pm	A fun friendly club that works in Parkside's garden in Gillian Avenue, Aldershot in any weather.
<b>Take A Break</b> SAT 9.30am-1.30pm	A service for adults with learning disabilities who live with their parents or other unpaid carers. Based at Farnborough Community Centre, Farnborough.
<b>FAB</b> WED 9.30am-1.30pm	The Farnborough Activity Base hosts two groups, a Mens Sports and Fitness Group and a Womans Wellbeing Group.
<b>Cafe In The Park</b> Open Various Times	The Cafe presents an exciting opportunity for adults with learning disabilities to volunteer and develop new skills.
<b>Gateway Club</b> WED 7.00pm-9.00pm	A lively evening club with a wide range of activities, outings, sports, disco etc. Held at Parkside for ages 19 years upwards.

### For All

<b>1:1 Support Worker</b> By Arrangement	A service offering individual support for adults and children with learning disabilities, to enable them to access a wide range of social, educational and recreational activities.
<b>Drop In Session</b> Various Times	Drop In's are a fantastic opportunity to join in with Parkside activities and priced at just £2 per session. Monday - Health and Fitness Morning Tuesday - Sensory afternoon Wednesdays - Arts and Crafts/Music and Dance. Clients must be accompanied by their support worker.
<b>Sensory Suite</b> MON-FRI 10.00am-7.00pm	The Sensory Suite is based in our centre on the Guildford Road, Aldershot. Sessions must be pre-booked through Parkside. Users must have relevant training provided by Parkside.
<b>Over Night Service</b> By Arrangement	Support Workers can come and stay at your home, any night of the week to support your child/client.