



Parkside Newsletter

www.parksidealdershot.co.uk

Summer 2011

The Newsletter from Parkside (Aldershot and District Mencap), Charity Number: 238671

*Roots in the Community,
Branching out to all...*



SUMMER PLAYScheme

Activities Are In Full Swing!



“Super” Funday - Photos!
Barclays Get On Their Bikes
The RollerGhoster Mystery

and more inside

Editor's Letter

What an eventful time we have had here at Parkside since our Spring Newsletter!

The Fun Day has been and gone, the services are growing, the café is a hit and we now support even more people with learning disabilities!

Sadly this is my last time as editor as I will be leaving in August to become a teacher, I would however like to take this opportunity to thank Parkside's staff, volunteers and supporters for all their dedication and help in fundraising and raising the charities profile within the community.

I of course will continue to support Parkside as the services that run here are truly fantastic!

Bonnie Andrews

Bonnie Andrews
Fundraising Officer



*Roots in the Community,
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Thank You's

Parkside would like to thank all volunteers who work across all the services, we simply couldn't run without your support and dedication.

- All the Fun Day Volunteers
- The Rice Family
- The Harrison Family
- Tracey Marlow
- The Community Matters Partnership
- Alex Crawford
- John Harland and the Barclays M4 group
- Johnson Controls
- Marie Jarvis, Sue Hathaway, Greg Alexander and the team at Rushmoor Voluntary Services
- Ray - Mortimedia
- The Garden Gate Pub
- Peter Taylor
- The Swimathon Foundation
- BBC Children In Need
- Rushmoor Council

★ Special ★

Fun Day Thanks to the following companies who donated items to the Fun Day Raffle:

- Chesney Hawkes
- 1st Bowl Aldershot
- Coral Reef Water Park
- The Rural Life Centre
- Guildford Spectrum
- Guildford Boat House
- Bird World
- Aldershot Marks and Spencers
- The Watercross Line
- LegoLand
- The Look Out
- Longacres
- Farnham Castle
- The Holiday Inn Farnborough
- Elphicks
- Sainsburys Farnham
- Hogs Back Brewery
- Boots Aldershot
- The Priory Farm

Congratulations To Peter Taylor!

Peter attends the Gardening Group and the Gateway Evening Group at Parkside, he wanted to fundraise by taking part in a sponsored silence for Parkside who have 'helped' and 'supported' him. Along with Val the Garden Group's leader they organised the event and gained sponsorship, they both worked extremely hard and raised an impressive £197.

Chairman Ted Parker says "It was a fantastic achievement and it was great to see a client wishing to give something back!" Pauline the deputy manager says "We are proud of the support that he has given Parkside, Peter is a colourful character who brings a smile to everyone who he meets."

Well Done Peter and Thank You!



Reminder!

The next service user meeting is Wednesday the 7th of September 2011, this is an opportunity for you to have your say about the way services are run here at Parkside.

Why not get involved and help shape future services! If you would like to know more please call Suzanne on 01252-313103.

NEWS IN BRIEF

Remember to put forward your son/daughter/client for the Hall Of Fame! Any achievement, any news, something new, please get in touch! Email us at: parksidefundraising@live.co.uk

We're on Facebook! Just search for: Parkside (Aldershot and District Mencap). Become a fan today!



twitter

We're now on Twitter too! Follow us for all our latest updates! We are @ParksideMencap

Meadowcroft to Close

As many of you aware despite many campaigns and public protest Meadowcroft will be closed. If you require respite or overnight care Parkside now run an overnight service. If you would like more information please call the Parkside centre.

New Service Opening Soon!



Parkside Hairdressing

Experienced support worker and qualified hairdresser Dawn will be available at Parkside from September on Wednesdays between 4pm and 6pm to provide haircuts for adults and children with learning disabilities.

Now taking bookings 'til December 2011. Please call the Parkside office on 01252 313103.

Drop In Days

From September the following drop in's will be available:

- Monday** morning: Health and Fitness morning
- Tuesday** afternoon: Sensory Session
- Wednesday** morning: Arts & Crafts and/or Music and Dance

All sessions cost £2 and clients must be supported by their support worker! Keep checking the Parkside website for more information.

Support Worker Required

To support adults and children with Learning Disabilities. No experience necessary – training provided. Flexible hours – Part time available. Must be a driver and have the use of a car. Minimum of £7.27 p/h. For further details contact 01252-313103. Email: parkside57@btconnect.com

Thank You Barclays!

Barclays have undertaken an epic challenge on behalf of Parkside and Naomi House! Staff from 6 local branches cycled 60 miles across 3 counties to raise money and awareness for their chosen two charities.



This was an extremely challenging task and we are so very grateful for their continued support and dedication. Barclays have also helped give the garden a new lease of life by volunteering for two days to get the garden ready for the Summer Playscheme!

The garden is looking fantastic, without volunteering afternoons we simply couldn't provide the materials, man power and the time! Thank you!!

Thank You For Your Tesco Vouchers!

Massive thank you to everyone who donated their Tesco Schools and Clubs vouchers to Parkside, we raised a total of 4,654 vouchers!

This has allowed us to order Foam Rugby Balls, Pyramid Bean Bags, Space Markers, A Multi Purpose Goal, Giant Foam Balls and Games.

Equipment such as this would cost a couple of hundred pounds but thanks to the Tesco's scheme and your kind donations it is completely free!



Café In The Park

The Café's opening was a huge success, thank you to everyone who came along to support us!

The Café has been extremely busy since its opening and will be open all week during the summer holidays; you can come in and get low cost refreshments from 10am to 4pm.

Volunteers Required! See Page 5



Well Done To The Gardening Group



The Parkside Gardening Group have been extremely busy preparing for not only the Fun Day but also entering Rushmoor In Bloom.

Deputy Manager Pauline tells us more:

"The Thursday Garden Groups entries for Rushmoor in Bloom are truly inspiring. Not only have they entered the pots and containers, most unusual container and the special entry of 25 years of Rushmoor in Bloom categories. They have also been asked to enter the Best Wildlife Garden category as well. The group's efforts have turned the garden at Gillian Avenue into a relaxing and beautiful haven for all to enjoy and explore whilst showing the world how proud we all are of Parkside."

Judging will take place in September, good luck everyone!



Summer Playscheme Update

The Summer Playscheme has now begun and will be running throughout August! The playscheme offers valuable respite to families and fun accessible activities for children and teenagers throughout the summer.



Gardening In The Community

Parkside (Aldershot and District Mencap) have a group of adults with learning disabilities who have been developing their skills and knowledge about gardening, lead by a trained member of staff.

They are now looking to further develop their skills and experience by helping local people in the community, to maintain their gardens. The group is available on Tuesdays between 9:30am and 2pm.

If you would like assistance in maintaining your garden for example clearing leaves, weeding or planting bulbs and are happy to give a small donation, please contact Parkside on 01252 313103 and speak to Suzanne or Pauline.



Volunteers Needed For Parkside's New Cafe In The Park

We are looking for volunteers to help with our exciting new project, Parkside have recently opened a cafe in Aldershot Park which is situated in Guildford Road opposite the Lido and the Crematorium. This is a wonderful opportunity to help a local charity and promote inclusion in the community and work experience for people with learning disabilities. For more information please contact Suzanne Watkins on 01252-313103 or email: suzanne.parkside@gmail.com



Bulletin: Mayor's Charity Of The Year

Parkside are delighted to have been chosen as one of the Mayors charities. Alex Crawford is the Rushmoor Mayor:

"I selected Parkside as one of the Mayor's Charities this year because of the way that they provide services seven days a week to some 300 children and adults with learning difficulties across the borough and beyond.

Parkside do excellent work in meeting clients' needs, particularly in integrating them with the wider community through the Fun Day and the Cafe.

I was also impressed with the dedication of the Parkside Executive Committee, staff and volunteers in providing the best services despite the cut backs in funding within which they are having to manage."

If you would like to know more about the Mayors charities, fundraising events or to read the mayors blog please visit the Parkside website or www.mayorofrushmoor.wordpress.com

Funday Success!

The Fun Day took place on Sunday the 19th June and raised £2,579 with a further £2,250 through Barclays support; the day was busy with games, stalls, entertainment and a tasty BBQ!

Thank you to everyone who volunteered and donated items for the raffle and Tombola's without your support and donations we couldn't have raised so much.

The money raised will go towards supporting the services here at Parkside.

See more Funday photos on our website: <http://www.parksidealdershot.co.uk/gallery.php?gid=32>



RollerGhoster Was A Huge Hit

Congratulations to the Music Therapy Group yet again! The group performed 'RollerGhoster' in July which saw Scooby and The Gang solve the mystery and catch the baddie, all so the Hula competition could go on! The performance was a sell out, it also had a raffle, sweetie Tombola, Toffee Apples, Pop Corn and Ice Cream on sale!

"The PIP Music Therapy group pulled out all the stops this summer with their newest production of Rollerghoster. The group have shown how friendship, laughter and teamwork can produce great results. This year the scenery of a full funfair with helter-skelter and ferris wheel was bigger and better than ever. I am proud of all the effort and courage shown by the clients in making the day all the fun of the fair." Pauline Wawick, Deputy Manager.

The event raised a fantastic £176 which will go towards purchasing specialist music equipment! Well done to everyone involved!



FAB Update

The Farnborough Activities Base has now been running for a couple of months and continues to grow stronger!

There are now more clients who access the Men's Sports Group as well as the Womens Wellbeing Group!

If you would like to know more please call Parkside on 01252-313103.

